



February/March Triad Contra Dances

No experience, no partner needed

High energy live music

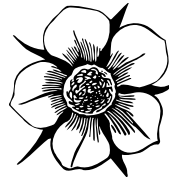
FREE LESSON 30 minutes before dances



Volunteers keep us dancing!
Ask what you can do to help!

Save our floors!
Change into a pair of non-marking
soft soled shoes at the dance.

Thank you!



Feb 16. Pot Luck at 6pm
Sat 8-11pm
Guilford Grange Greensboro
Cats Love Milk
George Segebade

Feb 24. Sun 6-9pm
Salem College
Hush Puppies
Jack Mitchell



March 3. Sun 6-9pm
Salem College
Tim Smith & Eileen Regan
Caller Charlotte Crittenden

March 9. Sat 8-11pm
Guilford Grange Greensboro
Band TBA/Caller Nick Boulet

March 26. Tue 8-10:30
Clemmons Civic Club
Atlantic Crossing
Caller Brian Hamshar



Admissions
\$9 Tue, \$10 Sat and Sun
(Students \$6)
Members \$8/Students \$5
Children <13 Free

Clemmons Civic Club
2870 Middlebrook Dr.
Clemmons NC 27012

Salem College
Bryant Hall, 790 E. Salem Ave
Winston-Salem, NC

Guilford Grange
4909 Guilford School Rd.
Greensboro, NC 27410

www.feetretreat.org

Sponsored by Fiddle and Bow Country Dancers

a 501(c)(3) non-profit

