

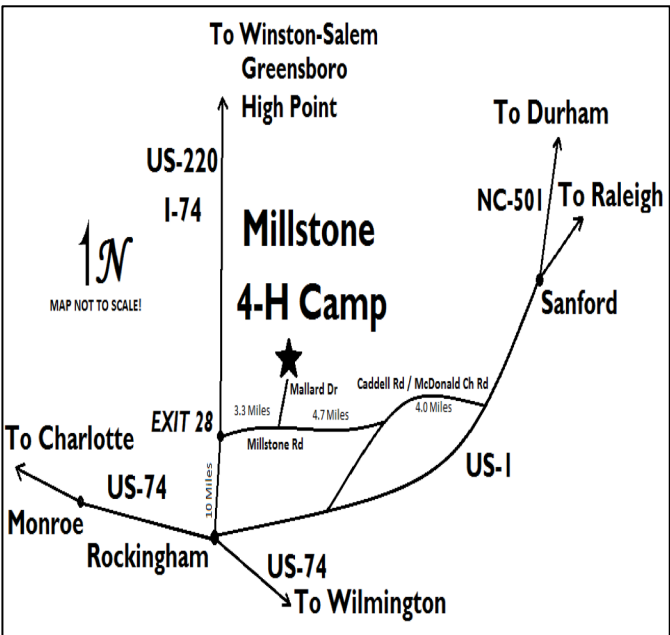


Join us for our 37th year of dancing

**The Mean Lids
&
The Faux Paws**

**Gaye Fifer
&
Emily Rush**

Camp Millstone * Ellerbe, NC



REGISTER!

Please include a **separate form** for each registrant.
Please print legibly.

Name _____

Address _____

City / State / Zip _____

Phone (_____) _____

Email _____

Circle One: Male Female

- FRIDAY DINNER** - \$10.00 Reserve by Sept. 7 \$ _____
- FULL PLAN** - Lodging, 4 meals, (Sat & Sun), all dances and workshops
 - Adult \$180.00 (before Aug 17) \$ _____
 - Adult \$195.00 (after Aug 17) \$ _____
 - Dancing Child (14 and under) \$95.00 \$ _____
- CAMPING** – Tent Space, showers, dances, workshops (NO MEALS)
 - Adult \$110.00 per person (before Aug 17) ... \$ _____
 - Adult \$125.00 per person (after Aug 17) ... \$ _____
 - Dancing Child (14 and under) \$65.00 \$ _____
- MEALS** – 3 Saturday, 1 Sunday \$55.00/person \$ _____
- DANCES ONLY** – All dances and workshops. NO food, NO Lodging
 - Adult \$105.00 (before Aug 17) \$ _____
 - Adult \$115.00 (after Aug 17) \$ _____
 - Child \$55.00 \$ _____
- SINGLE DANCE** – (Full registration takes priority) \$25.00 \$ _____
Specify Dance(s) ___ Friday ___ Saturday ___ Sunday
- SINGLE WORKSHOP** – (Full registration takes priority) \$7.00 .. \$ _____

TOTAL DUE

\$ _____

** For those who wish to arrive Thursday night, a fee of \$10/\$20 will be charged for camping/cabin space.

Willing to Volunteer (We will be in touch)

FOOD (Circle One): omnivore veggie

CABIN PREFERENCE (Circle One): Women Men Mixed Family

Make checks payable to: Fiddle & Bow Country Dancers
Mail to: **Patty Davis, 4631 Bridle Path, Winston-Salem, NC 27103**
The entire amount must be enclosed to reserve your space.

FULL REFUND LESS \$10 PRIOR TO AUGUST 20.

Registration will be confirmed by email.

THE TALENT

Mean Lids Mix one part smooth Irish session, one part spicy cajun-zydeco, one part hot western swing, with two parts driving southern old-time and take it down to the local dance hall. There you have the Mean Lids, a young, energetic acoustic trio currently residing in central Illinois. Miriam Larson—flute, jaw harp. Miriam has been playing flute since she was a youth. Ben Smith—fiddle, baritone fiddle, banjo, low whistle, kick drum. Dr. Smith started playing music as a boy in the foothills of the Appalachian mountains in Alabama, but matured in the finger-lakes region of NY, absorbing Celtic influences from NY city, Cape Breton and Quebec. Matt Turino—guitar, fiddle, feet. Urbana, IL native, Matt grew up playing in bands with his father and in a variety of genres, including Old Time string band music, the music of southwest Louisiana, and various Celtic traditions.

The Faux Paws is an exciting trio of musicians. Members of Great Bear bring a wide-ranging acoustic powerhouse sound ranging from groovy to old-time originals and standards. Andrew VanNorstrand on Guitar, Chris Miller on Saxophones & Banjo, and Noah VanNorstrand on Fiddle & Feet

Gaye Fifer is an accomplished contra caller and an active dancer, from Pittsburgh, PA, who understands the subtleties of making contra dances particularly satisfying for dancers. She's not afraid to lead very challenging contras. An easy smile and delightful sense of humor are part of Gaye's relaxed style. She will also be leading waltz workshop with Wayne Albright.

Emily Rush is a local dance caller, producer, and instructor from Durham, NC. Founder of the wildly popular RUSHFEST! Contra Dance series, her workshops and dance programs are favorites of dancers from near and far!

WORKSHOP LEADERS

Gaye & Wayne / Emily Rush / Gail Lacy
Warren & Terry Doyle / Hampton Thrower
Olivia Peachley / Catherine Farmer
Waltz and couples dancing music by
Ted Ehrhard & Maria Fairchild

INFO:

Patty Davis call(text) (336) 287-5363 or email pattydavis@triad.rr.com
George Segebade call (336) 644-6522 email gsegebade@triad.rr.com

WHAT'S HAPPENING?

<FRIDAY>

4:30 – Check-in Begins
6:00 – Optional Dinner - \$10.00 Reserve by 9/7
8:00 – 11:30 CONTRA with Gaye, Emily, The Mean Lids and The Faux Paws
11:30 – 12:30 COUPLES DANCING

<SATURDAY WORKSHOPS>

Waltz * Flatfooting * Yoga * Singing * RUSHFEST
Musician's Workshop * Contra Madness
Caller's Workshop * Swing
Contra & Squares * English Country Dance

<SATURDAY NIGHT>

8:00 – 12:00 – GRAND FALL BALL with Gaye, Emily,
The Mean Lids and The Faux Paws
12:00 – 1:00 Late Night Couples Dancing

<SUNDAY>

Yoga * Sunday Singing * Wake up Waltzing
Farewell Contra 10:00 til 2:00

WHERE: Feet Retreat will be held at Millstone 4-H Camp in Ellerbe, NC. In the heart of the Sandhills Game Lands, Millstone sits among some of the most beautifully restored longleaf pine stands in the southern U.S. Millstone has many natural treasures spread over its 320 acres, from unique ecosystems to specialized recreational facilities. **Pets and alcohol are prohibited at the camp.**

LODGING:

- There are 14 cabins, each with 10 bunk beds. Bring your own pillows, sheets, sleeping bags, towels, flashlights, etc. **Cabins will be assigned in advance, so mark your cabin preference and attach a list of potential cabin-mates.**
- Campsites have no electricity, but showers and water are available.
- For those who wish to stay off-site, the cities of Rockingham and Pinehurst are 14 and 25 miles away, respectively.

MEALS: 3 meals Saturday and breakfast Sunday will be prepared by Executive Chef Jay Christmas. There will also be an **optional** Friday night dinner for an additional \$10.00 (reserve by 9/7).

SOUND: Sound will be provided by Jamie Platt of Dancing Planet Productions from the Greater D.C. Area

www.dancingplanetproductions.com

CHILDREN: Children of all ages are welcome; however, there are no planned children's activities. Parents are responsible for their children at all times.

Register online or print this registration flyer at
www.feetretreat.com.

