



FEBRUARY-MARCH TRIAD CONTRA DANCES

No experience, no partner needed!
High energy live music!
FREE LESSON!
30 minutes before dances

Greensboro
Winston-Salem
& Clemmons

Our Annual Fundraiser

continues! Please read our donation
letter on the website (feetretreat.org)
and consider a tax deductible
contribution.

Save Our Floors

Change into a pair of non-marking
soft-soled shoes at the dance.
Thank you!

Volunteers keep us dancing!
Ask what you can do to help!

Feb 4 Sunday 6-9pm-Salem College
The Stuff-Gretchen & Nic
Caller- Valerie Helbert

Feb 13 Tuesday 8-10:30pm- Clemmons
VALENTINES DAY DANCE
Cats Love Milk
Caller-Dean Snipes

Feb 17 Saturday 8-11pm-Greensboro
Reel Shady
Caller-Bree Kalb

Mar 4 Sunday 6-9 -Salem College
The Ones Improper
Caller-Emily Abel

Mar 10 Saturday 8-11pm -Greensboro
TimSmith & Eileen Regan of
Big Celtic Fun
Caller-Cynthia Stewart

Mar 13 Tuesday 8-10:30pm -Clemmons
Organic Family Band from MD
Caller-Dean Snipes

Table with 3 columns: Day, Members, Dance Friends. Rows for Tues, Sat, Sun.

CLEMMONS CIVIC CLUB
2870 Middlebrook Dr. Clemmons, NC 27012
Lesson 7:30pm Dance 8-10:30pm

SALEM COLLEGE
Bryant Hall 790 E. Salem Ave Winston-Salem, NC
Lesson 5:30pm Dance 6-9pm

GUILFORD GRANGE
4909 Guilford School Rd,
Greensboro, NC 27406
Lesson 7:30pm Dance 8-11pm

For more information:

www.feetretreat.org

Sponsored by Fiddle & Bow Country Dancers
a 501(c) (3) non-profit