

2026 Feet Retreat Schedue

Times subject to change

*AtR - All the Rage; ICT - Ice Cream Truckers; Pwf - Playing with Fyre; Gaye - Gaye fifer; Rick - Rick Mohr; RUSHFEST! - Emily Rush				
Friday	Dining Hall	Dance Hall	Learning Ctr (Lg)	Learning Ctr (Sm)
4:30-6:00 pm	Registration			
6:00-7:15p	OPTIONAL Dinner			
8:00-9:35p		Contras/Squares/AtR/Rick		
9:35-9:55p		Break/Snacks (Outside)		
9:55-11:30p		Contras/Squares/ICT/Gaye		
11:30p-12a		Mostly Waltz (recorded music)		
Saturday	Dining Hall	Dance Hall	Learning Ctr (Lg)	Learning Ctr (Sm)
7:45-9:15	BREAKFAST - coffee at 7			
9:15-10:45a		Cool Move Contras/ICT/Rick	Beyond Basics Waltz/PwF/Gaye & Wayne	
11:00a-12:30p		RUSHFEST!	ECD/Larry & Betsy/Gaye	Flatfoot/PwF/Terry & Forest
12:30-1:45p	LUNCH			
2:00-3:30p		Challenging Contras&Squares/ICT/Gaye	Salty Dog Rag/Terry & Forest	Musicians/Glen & Tory
3:45-5:15p		Contras/AtR/Thea&George	Yoga w/ Hampton	Callers - Winning Walkthroughs/ Rick
5:45-7:00p	DINNER			
8:00-9:50p		Grand Fall Contra Ball/ICT/Gaye		
9:50-10:10p		Break/Snacks (Outside)		
10:10-12a		Grand Fall Contra Ball/AtR/Rick		
12a-12:30a		Couples dancing (recorded music)		
Sunday	Dining Hall	Dance Hall	Learning Ctr (Lg)	Learning Ctr (Sm)
8a-9:30a	BREAKFAST - coffee at 7			
8:15a-9a			Yoga w/Hampton	
9:00-10:15a		Mostly Waltz / PwF		
10:30a-12:30p		Contras/Squares/AtR/Gaye		
12:30-1:00	Leftover LUNCH			
1:00-3:00p		Contras/Squares/ICT/Rick		